

Swim Program Levels and Times

WONDER 6mths- 3 years

Wonder represents the first stage in a Lifetime of fun and safety in water, so it is only natural that it is approached in a way that builds on child's natural curiosity and fascination with water.

- **Wonder 1 (6-12months)**
- **Wonder 2 (12-24months)**
- **Wonder 3 (24-36months)**

A responsible adult is required to join the child in the pool in the above classes at all times.

The Wonder & Courage programs run:
Tuesday, Thursday or Saturday
- Between (9am to 12noon)

ACTIVE 5- 15 years

Active is used to emphasise that the skills learnt in the program to not only save lives, but also provide a foundation for participation in a range of aquatic recreation, fitness and sporting activities. The progression is skill based and participants advance at their own pace, from beginners to confident, to ready for squad swimming.

The program runs:
Monday to Thursday- between 4pm to 6.30pm
Saturday- between 9am to 12noon

The duration of each class is 30 minutes

NB: Days and times on offer may change each term according to instructor availability

COURAGE 3 -5 years

Courage is fundamental to the development of basic foundation skills in swimming, survival and water safety, as a positive attitude towards learning these essential skills. It is all about having LOTS of FUN whilst learning.

Courage 1- absolute beginner

Courage 2- little aquatic experience

Courage 3- front/back floating assisted

Courage 4- float unassisted/face submerged

Courage 5- move through water 3 m

A responsible adult may be required to join the child in group until the child feels safe & confident.

PRIVATE SWIM LESSONS & HOLIDAY INTENSIVE PROGRAMS **5 YEARS – ADULTS**

During the Swim & survive term, private swim lessons will be offered to coincide with the timetabled program. Private lessons are offered for the swim and survive Active program (Ages 5-15 years) and Adults. These will be conducted by an AUSTSWIM qualified instructor. THE DURATION OF EACH CLASS IS 30 MINUTES.

Maryborough Sports & Leisure Centre

HOLIDAY INTENSIVE SWIM PROGRAM

This program is offered each school holidays. The next one is:

Monday 2nd October to Friday 6th October 2017

5 days intensive program

45 minutes sessions

\$67.50 for 5 sessions

Classes from ages 4 years old onwards

Call Lauren on 54614300 or see staff at reception for more information or to book in.

ADULTS

Adult lessons are available for both beginner and stroke technique. These are subject to instructor availability.

SQUAD

Our Squad class provides for students who have completed Swim and Survive Level 7, who wish to continue swimming to further their technique and endurance to move onto swimming club. A high level of swimming competency must have been achieved.

MSLC LEARN TO SWIM CARDS

- Learn to Swim students must have a MSLC learn to swim membership card. Cards are collect at reception once paid in full.
- **Your Learn to swim membership card must be scanned prior to each lesson.**
- Loss of the MSLC learn to swim card will need to ask for replacement card at reception.

LOGBOOKS

Participant's logbooks will be filled out with their achievements at the completion of each program. Logbooks can be purchased at reception at a cost of \$5.00 each.

Enrolments & Timetables:

For all enrolment and timetable details please check at reception or Learn to swim notice board. Timetable will be available after week 8 of current term.

***Each Term an Enrolment Form needs to be filled out. Also a Text message will be sent to confirm your child's times.**

TERM 4 ENROLMENTS & PAYMENTS

Term Dates Monday 9th October – Saturday 23rd December 2017

- **Swim & Survive term, private lessons and Holiday programs must be paid in full at the time of enrolment.**

11 week for term 4 at a cost of \$148.50 paid in full. 10 week for Tuesdays (due to Public Holiday 7th November 2017) at a cost of \$135.00.

All Students re-enrolling in term 4, needs to have their **form and payment by Saturday 16th September** to guarantee a place. **When you pay up front your child gets free swimming entry to pool throughout the school holiday's and term 4.** All places will be open to new enrolments in week 10, as of the 18th September 2017.

All enrolments for term 4 need to be paid for when enrolling or your place will not be guaranteed.

Enrolments for term 4 will be taken up until Saturday 14th October 2017 if places are available.

CANCELLATIONS

Swim and Survive Term lessons

Any unattended lessons will be forfeited & no refunds or credits apply unless a medical certificate is provided. Then it will be credited to next term lessons. There are no makeup lessons.

Private swim lesson cancellations

If unable to attend a class please let us know at least 4 hours in advance. If the class is already paid for, your Learn to swim account will be credited with the correct amount and this can be used towards any future lessons. If you do not attend a class without notification and the instructor is present you will be charged for the class.

For any questions or comments in regards to Learn To Swim program, contact:

Lauren Potter

Swim School Coordinator

Telephone: 54614300

Email: info@mslc.com.au

Website: www.mslc.com.au



Learn to Swim Programs

TERM 4 Newsletter, 2017

- **WONDER – 6months- 3 years**
- **COURAGE- 3-5 years**
- **ACTIVE- 5-15 years**
- **PRIVATE- Term**
- **ADULTS**



**All instructors are qualified
AUSTSWIM – Teachers of
Swimming and Water Safety.**

