

Our loooong, coooold winter is drawing to a close and the weather is starting to warm up. Spring has sprung!

The weather IS getting better which means one thing – more time in the water!

Well done to all our students who have stuck with their swimming and water safety practise over the winter and a big welcome back to all those returning with the warmer weather!

We look forward to a busy Term 4 and cant wait to see the achievements of our students over the coming weeks.

## ADULT SWIM LESSONS

We offer private adult classes for all levels, from non-swimmers through to those looking to improve their technique.

Swimming is a great activity that works your entire body and provides an excellent cardiovascular workout.

If your goal is to complete an ocean swim or comfortably play with your family, we can help you.

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### **Maryborough Sports and Leisure Centre**

Like us on Facebook to keep up to date with what is going on



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Any questions or comments in regards to the Learn to Swim Program, please contact:

Caitlin

Swim School Coordinator

[info@mslc.com.au](mailto:info@mslc.com.au)

5461 4300

# Term 4 Learn to Swim Newsletter

**Term 4:**

**Mon 8th October -  
Sat 22nd December  
2018**

- **WONDER:** 6mths -3 years
- **COURAGE:** 3-5years
- **ACTIVE:** 5- 15 years
- **PRIVATES:** Term based
- **ADULT LESSONS**



## Enrol NOW for Term 4

- Starting Monday 8th October and running until December 22nd 2018
- **11 week term at a cost of \$148.50**
- **10 weeks for Tuesday lessons at a cost of \$135 (public holiday)**
- **ALL students need to fill out a new enrolment form and pay at time of enrolment**
- Places are not saved until paid for

### LESSON AREAS

When lessons are running in the program pool, other children and parents should not be in the area. Please use the other half of the program pool (if available), otherwise utilise the other pools during these periods. Sorry for the inconvenience but this is beneficial to reduce distractions.

### PUBLIC HOLIDAYS

Melbourne Cup: Tuesday 6th November. There will be no lessons on this day. The pool will be open from 9am-12pm if you still wish to swim.

## School Holiday Program

- **5 day intensive program**
- Monday 1st -Friday 5th October
- 45 minute sessions
- \$65
- Classes from ages 4 years+

This program provides a great progression opportunity to complement your weekly lessons and get a head start on term 4!

Places will be limited to book in now to secure your spot.

Call us on 5461 4300 or see staff at reception for more information or to book in

## REMINDERS:

### CARDS

Please remember to scan your membership cards before your lesson, or when coming for a free swim. This is important for our attendance records.

### CANCELLATIONS

Any missed lessons are forfeited unless a medical certificate is provided. No make-up lessons are offered as this disrupts other classes and students.

## Water Safety Week

**Monday 3rd - Sunday 9th December**

Water safety is the crux of our swimming program although its not often at the forefront of our minds.

This term we are dedicating a week to water safety to really highlight the importance of this. We will be running some different activities, and really highlighting the importance of water safety, especially before the summer holidays.

### Outdoor Pool Lessons

During this week we will attempt to arrange some classes at the outdoor pool. This will depend on individual classes as well as class timetables, but hopefully we will be able to get some students in the cooler, deeper water. More details will be available for those involved later in the term.

### FREE SWIMMING

Once term is payed for, students can scan their membership cards and swim for free at anytime throughout the holidays and Term 4.

### NO PHOTOS OR VIDEOS

No photos or videos are allowed in pool hall, especially during swim lessons.

### LOG BOOKS

Log books are available for purchase, \$5 from the front desk, These are a great tool to keep all achievements in one place.